

Knighton & East Radnor Food Bank

WINTER HARDSHIP & FOOD CRISIS PROJECT



Are
you worried about
having enough money
to buy food for yourself
or your family this
winter?

We provide crisis food parcels + toiletries + basic fresh dairy food, for individuals & families this winter

If you are on benefits, low income/ wages or struggling with illness, please call or text Helen on 07731 524 058 or visit www.knightonfoodbank.co.uk

Knighton Baptist Church: Tues & Fri
10 - 11.30

Presteigne Baptist Church: Thurs
10 - 11.30

“Working together to help the hungry
&
those in crisis in our local community”

