



kfbappeals

Working together to help
the hungry and those in crisis
in Knighton and East Radnor

how you can help knighton and east radnor **foodbank**

Covid-19 Autumn Appeal

If you would prefer to give a small cash donation, this will enable us to purchase fresh milk, bread, cheese and eggs and to buy fresh vegetables / fruit vouchers to include with individual food parcels.

You may prefer to set up a regular donation to support our work by completing a **Standing Order** form or **Stewardship** form (with **Gift Aid**.)

Ask **Helen** for more information on **07731 524 058** or visit our website **www.knightonfoodbank.co.uk**

Donation drop off points:

- **The Co-Op** - Knighton
- **Norton Street Baptist Church** - Tues / Fri 10 -11.30
- **Spar** - Presteigne
- **Presteigne Baptist Church** - Thursday 10 -11.30.

Thank you for the splendid donations of cash and food received during the Covid-19 emergency. We are now building up a reserve of food for when we expect an increase in requests during the winter months and the end of the furlough scheme. However, we still need some items, but please note we can only accept food items that are well within their use-by date.

LIST A

Tinned Cold Meat
Tinned Meatballs / Hotdogs
/ Stewing Steak
Tinned Peas / Carrots / Sweetcorn

Please - no more Soup, Baked Beans, Chickpeas, Kidney Beans, Pasta, Rice, Tinned Tomatoes or Tuna. Thank You!

LIST B

Tinned Fruit
Tinned Custard
Tinned Rice Pudding

LIST C

Cereals - especially child friendly!
Jam / Chocolate Spread / Peanut Butter
Biscuits

Please - no more Porridge or Muesli. Thank You!

LIST D

Toiletries for men and women
Deodorant
Shaving Razors / Shaving Foam
Antibacterial Hand Soap / Wipes
Washing-up Liquid / Washing Detergent
Antibacterial Cleaning Spray
Bleach / Toilet Cleaner

KNIGHTON

Knighton Baptist Church:

Tuesdays and Fridays
10 - 11.30.

PRESTEIGNE

Presteigne Baptist Church:

Thursdays
10 -11.30

knightonfoodbank

REG CHARITY: 1172353

BAPTIST CHURCH, NORTON STREET, KNIGHTON, POWYS / BAPTIST CHURCH, HEREFORD STREET, PRESTEIGNE, POWYS

MANAGER: HELEN ANDERSON

TEL: 07731 524 058

EMAIL: helen@knightonfoodbank.co.uk

www.knightonfoodbank.co.uk