



kfb 2021

Working together to help the hungry and those in crisis in Knighton and East Radnor

If you would prefer to give a small cash donation, this will enable us to purchase fresh milk, bread, cheese and eggs and to buy fresh vegetables / fruit vouchers to include with individual food parcels.

You may prefer to set up a regular donation to support our work by completing a **Standing Order** form or **Stewardship** form (with **Gift Aid**.)

Ask **Helen** for more information on **07731 524 058** or visit our website **www.knightonfoodbank.co.uk**

KNIGHTON

Knighon Baptist Church:

Tue and Fri
10 - 11.30.

PRESTEIGNE

Portakabin behind East Radnor Care (Scottleton St.)

Thurs 10 - 11.30.

how you can help knighton and east radnor foodbank

Autumn update

Thank you for supporting our food bank during these very difficult times, when many of our friends in the community continue to face financial hardship and will be making heartbreaking choices about having food or keeping warm and well.

As a result of receiving generous, thoughtful and good quality donations of food and toiletries, plus amazing cash donations, we are fully stocked once more in our food bank stores in Knighton and Presteigne. Thank you to the churches, schools and Knighton Rainbows, for your beautiful Harvest Festival gifts.

We currently have a serious excess of beans, soup, pasta, rice, tea and cereals so we ask that you do not offer us any of these until Christmas. However, we do need:

👉 **Clean 'bags for life'** - any taking up room in your cupboards or in the car?

Coming soon: *tots2teens project* - providing baby and toddler basics, as well as more food choices and hygiene products for teens and young adults. More news next time

knightonfoodbank

REG CHARITY: 1172353

BAPTIST CHURCH, NORTON STREET, KNIGHTON, POWYS / PORTAKABIN, SCOTTLETON STREET, PRESTEIGNE, POWYS

MANAGER: HELEN ANDERSON TEL: 07731 524 058 EMAIL: helen@knightonfoodbank.co.uk www.knightonfoodbank.co.uk

