



KNIGHTON & PRESTEIGNE FOODBANK
BAPTIST CHURCH, NORTON STREET, KNIGHTON, POWYS

MANAGER: HELEN ANDERSON

helen@knightonfoodbank.co.uk

www.knightonfoodbank.co.uk

07731 524 058

Working together to help the hungry and those in crisis in Knighton, Presteigne and East Radnor

Harvest Shopping list

We would *welcome*:

- ✓ Chocolate Spread, Jam
- ✓ Meat-balls, Hot-dogs, Tinned Stewing Steak, Corned Beef, Tinned Tuna
- ✓ Tinned Sweetcorn, Tinned Peas / Carrots, Tinned Tomatoes, Baked Beans, Spaghetti Hoops, Pasta Sauces, Soup
- ✓ Pasta, Microwave easy-cook Rice
- ✓ Tinned Fruit, Tinned Custard, Rice Pudding
- ✓ Tea, Coffee, Fruit Drinks
- ✓ Biscuits and Treats
- ✓ Laundry and hygiene products for men, women and teens
- ✓ Baby shampoo, bath lotion, talc, wet-wipes
- ✓ Vouchers from Carini Butchers, The Salty Dog, Deli Tinto, Tom Pugh Butchers, Rhos Market Garden

Drop-off points: Knighton Co-op, Presteigne Spar shop

Contact Helen **07731 524 058**, for more information.

If you would prefer to give a small cash donation, this will enable us to purchase fresh milk, bread, cheese and eggs and to buy fresh vegetables / fruit vouchers to include with individual food parcels.

You may prefer to set up a regular donation to support our work by completing a **Standing Order form**. Ask Helen for more information, or visit our website www.knightonfoodbank.co.uk

Please note we can only accept food items that are well within their use-by date.

For help in **Presteigne** please contact **Helen** on 07731 524 058.)

KNIGHTON
BAPTIST CHURCH,
NORTON STREET
KNIGHTON, POWYS,
LD7 1EY

OPENING TIMES:
Tuesday and Friday
10am to 11.30am